



Weekly Activity Overview

LearnStorm Weekly Activities are a series of fun & creative activities developed in collaboration with Stanford researchers that are designed to help students build a growth mindset & develop useful learnings strategies.

Learners are presented with fun prompts and reflection based questions. In each activity, students are asked to submit a creative response in a variety of formats. Outstanding responses are highlighted with the permission of the student.

The full schedule of Weekly Activity topics will be available in January 2016. To preview a sample activity topic, please see below.

Sample: Weekly Activity #1

An Introduction to the Growth Mindset

In this activity, students will learn more about the science behind how your brain works and grows, particularly when they're struggling. They'll reflect on questions like:

- Can you really learn "anything"?
- When is a time you've struggled to learn something?
- What's happening in your brain when you're struggling to learn something?
- How does the brain grow and change through practice & effort?

Students should end the activity with a stronger understanding of how their brain can change and grow when they struggle with concepts. We hope you'll remind students of this when they're doing tough math problems and working at their learning edge. Encourage them to think back to their responses and any strategies they may have learned.

